

Gluten Free Menu

Starters

Garlic Mushrooms

Prawn Cocktail

Cockles

All served with a gluten free roll

Mains

Mixed Grill

Sirloin Steak

Ribeye Steak

Gammon Steak

Hunters Chicken

Poachers Chicken

Minted Lamb Chops

Home cooked ham

Cod

Catch of the day

Creamy Mushroom Stroganoff

Carmarthen Croquettes